

Résultats – LD Lanvaux

2024-03-17

bleu		(6 / 6)	Temps	Après	Temps perdu
1.	Côme MOTTET	CRCO	34:30		2:11
	2:31 (2:31)	2:43 (8:21)	2:16 (10:37)		3:04 (13:41)
	3:56 (22:07)	2:46 (27:29)	0:56 (28:25)		4:30 (32:55)
	0:29 (34:30)				1:06 (34:01)
2.	Bernard BRUGNON	Quimper 29	51:50	+17:20	6:25
	3:05 (3:05)	3:48 (10:15)	4:02 (14:17)		4:27 (18:44)
	5:22 (37:07)	2:34 (44:02)	1:13 (45:15)		4:12 (49:27)
	0:46 (51:50)				13:01 (31:45)
					1:37 (51:04)
3.	Marion BERCKMANS LEBOSSE	CO Lorient	59:59	+25:29	6:12
	4:08 (4:08)	4:43 (12:34)	3:50 (16:24)		7:00 (23:24)
	5:17 (38:17)	4:54 (49:47)	2:00 (51:47)		5:54 (57:41)
	0:36 (59:59)				9:36 (33:00)
					1:42 (59:23)
4.	Chloé BERCKMANS LEBOSSE	CO Lorient	1:02:38	+28:08	5:05
	5:01 (5:01)	4:03 (13:50)	4:22 (18:12)		6:02 (24:14)
	6:36 (42:44)	3:18 (52:09)	1:35 (53:44)		6:36 (1:00:20)
	0:42 (1:02:38)				11:54 (36:08)
					1:36 (1:01:56)
5.	Naomie LE DEZ	Quimper 29	1:03:34	+29:04	15:04
	2:19 (2:19)	5:18 (10:50)	2:54 (13:44)		7:07 (20:51)
	5:18 (43:41)	2:37 (50:11)	1:47 (51:58)		9:15 (1:01:13)
	0:30 (1:03:34)				17:32 (38:23)
					1:51 (1:03:04)
	Marie DIVANAC'H	SAINT-BRIEUC OR	PM		
	– (–)	– (–)	– (–)		– (–)
	– (–)	– (59:23)	1:24 (1:00:47)		5:21 (1:06:08)
	0:32 (1:08:02)				1:22 (1:07:30)
jaune		(13 / 13)	Temps	Après	Temps perdu
1.	Mathys PETITJEAN	Quimper 29	1:03:07		7:09
	1:49 (1:49)	3:57 (8:02)	10:10 (18:12)		2:14 (20:26)
	10:29 (38:33)	4:48 (53:45)	3:57 (57:42)		1:41 (59:23)
	0:57 (1:01:41)	0:27 (1:03:07)			7:38 (28:04)
					1:21 (1:00:44)
2.	Florence GUILLOU	Quimper 29	1:27:20	+24:13	11:38
	3:14 (3:14)	8:53 (15:02)	13:43 (28:45)		4:33 (33:18)
	9:49 (54:04)	8:42 (1:10:42)	4:28 (1:15:10)		3:01 (1:18:11)
	2:43 (1:24:25)	0:51 (1:27:20)			10:57 (44:15)
					3:31 (1:21:42)
3.	Thomas DIVANAC'H	SAINT-BRIEUC OR	1:27:23	+24:16	25:01
	1:50 (1:50)	3:47 (9:11)	8:50 (18:01)		14:32 (32:33)
	17:30 (58:41)	6:08 (1:16:31)	4:06 (1:20:37)		1:39 (1:22:16)
	1:49 (1:25:38)	0:25 (1:27:23)			8:38 (41:11)
					1:33 (1:23:49)
4.	Kelya LE TOCQUEC	Quimper 29	1:27:57	+24:50	16:17
	2:12 (2:12)	6:14 (11:22)	13:12 (24:34)		3:12 (27:46)
	10:16 (50:51)	15:51 (1:14:15)	4:07 (1:18:22)		1:44 (1:20:06)
	3:12 (1:25:26)	0:40 (1:27:57)			12:49 (40:35)
					2:08 (1:22:14)
5.	Anthony MARTIN RIO	NAO	1:41:22	+38:15	26:53
	2:10 (2:10)	10:58 (15:51)	13:58 (29:49)		4:12 (34:01)
	8:32 (51:44)	7:09 (1:09:14)	5:35 (1:14:49)		1:38 (1:16:27)
	1:17 (1:39:21)	0:35 (1:41:22)			9:11 (43:12)
					21:37 (1:38:04)
6.	Leopold RIVIERE	PASS_DC	1:41:43	+38:36	37:07
	2:37 (2:37)	3:52 (16:31)	8:17 (24:48)		3:15 (28:03)
	7:11 (52:42)	4:54 (1:25:54)	3:42 (1:29:36)		1:53 (1:31:29)
	1:57 (1:36:21)	0:39 (1:41:43)			17:28 (45:31)
					2:55 (1:34:24)
7.	Joseph LE GUEN	SAINT-BRIEUC OR	1:44:06	+40:59	13:06
	4:28 (4:28)	7:18 (17:12)	14:58 (32:10)		5:24 (37:34)
	15:13 (1:04:14)	7:24 (1:21:28)	6:26 (1:27:54)		3:30 (1:31:24)
	3:18 (1:39:18)	1:36 (1:44:06)			11:27 (49:01)
					4:36 (1:36:00)
8.	Valérie BRUGNON	Quimper 29	1:51:08	+48:01	14:59
	5:10 (5:10)	7:13 (16:46)	21:26 (38:12)		5:43 (43:55)
	15:00 (1:11:09)	7:48 (1:28:32)	6:41 (1:35:13)		3:19 (1:38:32)
	3:07 (1:46:10)	1:35 (1:51:08)			12:14 (56:09)
					4:31 (1:43:03)
9.	Sophie DROUET	NAO	2:18:40	+1:15:33	41:38
	6:16 (6:16)	9:58 (22:48)	12:56 (35:44)		7:42 (43:26)
	10:41 (1:24:16)	8:24 (1:55:54)	5:04 (2:00:58)		11:00 (2:11:58)
	1:39 (2:16:36)	0:32 (2:18:40)			30:09 (1:13:35)
					2:59 (2:14:57)
	Joelle BRANGER	Quimper 29	PM		
	5:40 (5:40)	7:55 (21:07)	23:25 (44:32)		6:53 (51:25)
	15:55 (1:27:29)	– (–)	– (–)		– (–)
	– (–)	– (1:58:08)	2:09 (2:00:17)		– (–)
	Louis BENEITO	Quimper 29	PM		
	12:10 (12:10)	– (28:01)	– (–)		– (–)
	– (–)	– (49:46)	– (–)		– (–)
	1:21 (59:17)	0:33 (1:01:18)			– (57:56)
	Lucie LEBOSSE	CO Lorient	PM		
	25:29 (25:29)	7:24 (37:51)	20:59 (58:50)		– (–)
	– (–)	– (1:08:20)	11:11 (1:19:31)		– (–)
	2:34 (1:39:13)	0:57 (1:42:07)			13:50 (1:36:39)

Stéphanie STEPHANT		CO Lorient		PM			
4:03 (4:03)	3:15 (7:18)	6:27 (13:45)	11:11 (24:56)	– (–)	– (43:15)		
7:10 (50:25)	10:09 (1:00:34)	5:15 (1:05:49)	3:47 (1:09:36)	13:18 (1:22:54)	9:28 (1:32:22)		
4:30 (1:36:52)	1:36 (1:38:28)	0:41 (1:39:09)					
orange		(5 / 5)		Temps		Après	
		NAO		Temps perdu			
1. Naori MENARD			1:13:11	5:45			
5:08 (5:08)	3:40 (8:48)	11:46 (20:34)	7:02 (27:36)	6:48 (34:24)	5:54 (40:18)		
1:47 (42:05)	5:31 (47:36)	7:21 (54:57)	5:01 (59:58)	4:44 (1:04:42)	3:58 (1:08:40)		
1:49 (1:10:29)	1:15 (1:11:44)	1:03 (1:12:47)	0:24 (1:13:11)				
2. Léo DEZORME		Quimper 29	1:14:16	+1:05	7:27		
3:09 (3:09)	3:14 (6:23)	11:38 (18:01)	5:58 (23:59)		7:22 (31:21)	5:54 (37:15)	
1:52 (39:07)	5:45 (44:52)	5:02 (49:54)	10:36 (1:00:30)		4:24 (1:04:54)	5:14 (1:10:08)	
1:46 (1:11:54)	1:10 (1:13:04)	0:46 (1:13:50)	0:26 (1:14:16)				
3. Arnaud JACQ		SAINT-BRIEUC OR	1:35:54	+22:43	17:47		
7:57 (7:57)	3:07 (11:04)	14:38 (25:42)	5:46 (31:28)		5:39 (37:07)	7:13 (44:20)	
2:08 (46:28)	11:50 (58:18)	6:15 (1:04:33)	16:02 (1:20:35)		5:14 (1:25:49)	4:18 (1:30:07)	
1:59 (1:32:06)	1:37 (1:33:43)	1:34 (1:35:17)	0:37 (1:35:54)				
4. Ghislaine LEREVEREND-DUVOLLET		Quimper 29	1:40:44	+27:33	13:56		
4:39 (4:39)	3:47 (8:26)	22:21 (30:47)	6:43 (37:30)		6:16 (43:46)	8:28 (52:14)	
3:02 (55:16)	7:35 (1:02:51)	7:06 (1:09:57)	14:58 (1:24:55)		5:27 (1:30:22)	4:49 (1:35:11)	
1:54 (1:37:05)	1:27 (1:38:32)	1:37 (1:40:09)	0:35 (1:40:44)				
5. David DUVOLLET		Quimper 29	2:17:17	+1:04:06	49:27		
5:37 (5:37)	5:24 (11:01)	15:37 (26:38)	6:16 (32:54)		5:02 (37:56)	32:37 (1:10:33)	
2:21 (1:12:54)	24:45 (1:37:39)	13:30 (1:51:09)	7:48 (1:58:57)		5:02 (2:03:59)	7:00 (2:10:59)	
2:16 (2:13:15)	1:44 (2:14:59)	1:26 (2:16:25)	0:52 (2:17:17)				
vert		(5 / 5)		Temps		Après	
		CRCO		Temps perdu			
1. Sabin MOTTET			23:49	1:09			
1:48 (1:48)	1:04 (2:52)	1:05 (3:57)	1:05 (5:02)	3:23 (8:25)	1:46 (10:11)		
3:58 (14:09)	4:53 (19:02)	3:20 (22:22)	0:44 (23:06)	0:43 (23:49)			
2. Arlann MENARD		NAO	32:48	+8:59	6:20		
1:41 (1:41)	3:29 (5:10)	4:34 (9:44)	2:23 (12:07)	4:44 (16:51)	1:38 (18:29)		
4:47 (23:16)	4:52 (28:08)	3:14 (31:22)	0:43 (32:05)	0:43 (32:48)			
3. Camille DIVANAC'H		SAINT-BRIEUC OR	42:03	+18:14	10:45		
6:13 (6:13)	1:28 (7:41)	1:40 (9:21)	3:23 (12:44)	10:30 (23:14)	1:22 (24:36)		
5:12 (29:48)	6:00 (35:48)	4:18 (40:06)	1:16 (41:22)	0:41 (42:03)			
4. Marin BAILLET		Quimper 29	43:16	+19:27	4:45		
3:51 (3:51)	2:37 (6:28)	2:34 (9:02)	2:18 (11:20)	7:35 (18:55)	2:51 (21:46)		
6:19 (28:05)	8:05 (36:10)	4:49 (40:59)	1:21 (42:20)	0:56 (43:16)			
5. Andrew BELDOWSKI		SAINT-BRIEUC OR	1:46:00	+1:22:11	27:47		
5:11 (5:11)	3:11 (8:22)	5:07 (13:29)	3:51 (17:20)	11:39 (28:59)	4:19 (33:18)		
32:39 (1:05:57)	15:22 (1:21:19)	17:50 (1:39:09)	3:25 (1:42:34)	3:26 (1:46:00)			
violet court		(20 / 20)		Temps		Après	
		CRCO		Temps perdu			
1. André LE GALLIC			47:51	0:47			
2:30 (2:30)	2:25 (4:55)	2:48 (7:43)	10:05 (17:48)	1:47 (19:35)	2:02 (21:37)		
2:54 (24:31)	5:49 (30:20)	1:42 (32:02)	3:09 (35:11)	5:58 (41:09)	1:32 (42:41)		
2:16 (44:57)	1:29 (46:26)	0:57 (47:23)	0:28 (47:51)				
2. Hervé PETITJEAN		Quimper 29	57:39	+9:48	3:48		
3:40 (3:40)	1:47 (5:27)	4:53 (10:20)	13:56 (24:16)	1:54 (26:10)	2:15 (28:25)		
3:39 (32:04)	6:49 (38:53)	1:37 (40:30)	2:57 (43:27)	6:57 (50:24)	1:53 (52:17)		
2:16 (54:33)	1:37 (56:10)	1:02 (57:12)	0:27 (57:39)				
3. Yannick GUILLOU		Quimper 29	1:01:31	+13:40	2:46		
3:18 (3:18)	2:19 (5:37)	3:46 (9:23)	13:34 (22:57)	2:15 (25:12)	2:42 (27:54)		
5:07 (33:01)	6:42 (39:43)	2:00 (41:43)	3:49 (45:32)	6:48 (52:20)	2:10 (54:30)		
3:09 (57:39)	2:17 (59:56)	1:03 (1:00:59)	0:32 (1:01:31)				
4. Julie DUBOIS		Dinan CO	1:10:30	+22:39	3:39		
3:40 (3:40)	2:57 (6:37)	5:50 (12:27)	15:02 (27:29)	2:39 (30:08)	2:56 (33:04)		
3:52 (36:56)	7:11 (44:07)	4:25 (48:32)	3:42 (52:14)	8:35 (1:00:49)	2:30 (1:03:19)		
3:18 (1:06:37)	2:06 (1:08:43)	1:14 (1:09:57)	0:33 (1:10:30)				
5. Christian ANGLADE		CO Lorient	1:14:35	+26:44	6:00		
3:30 (3:30)	2:57 (6:27)	4:12 (10:39)	16:18 (26:57)	2:39 (29:36)	3:30 (33:06)		
4:09 (37:15)	7:41 (44:56)	1:55 (46:51)	4:43 (51:34)	13:55 (1:05:29)	2:32 (1:08:01)		
2:36 (1:10:37)	2:06 (1:12:43)	1:13 (1:13:56)	0:39 (1:14:35)				
6. Gilles LE TOUZIC		PASS_C	1:14:43	+26:52	8:37		
3:14 (3:14)	2:26 (5:40)	4:31 (10:11)	14:39 (24:50)	2:49 (27:39)	7:59 (35:38)		
3:41 (39:19)	9:20 (48:39)	2:28 (51:07)	6:04 (57:11)	9:03 (1:06:14)	1:55 (1:08:09)		
2:23 (1:10:32)	2:08 (1:12:40)	1:27 (1:14:07)	0:36 (1:14:43)				
7. Yann LAMY		PASS_C	1:16:12	+28:21	13:36		
7:53 (7:53)	4:11 (12:04)	3:33 (15:37)	14:06 (29:43)	2:12 (31:55)	2:21 (34:16)		
5:11 (39:27)	7:13 (46:40)	3:48 (50:28)	3:36 (54:04)	12:02 (1:06:06)	2:20 (1:08:26)		
4:10 (1:12:36)	1:45 (1:14:21)	1:19 (1:15:40)	0:32 (1:16:12)				
8. Pascal DAHIN		CRCO	1:17:11	+29:20	12:27		
8:25 (8:25)	5:18 (13:43)	4:06 (17:49)	17:08 (34:57)	1:49 (36:46)	4:21 (41:07)		
4:19 (45:26)	7:13 (52:39)	2:05 (54:44)	3:57 (58:41)	9:47 (1:08:28)	2:06 (1:10:34)		
2:53 (1:13:27)	1:53 (1:15:20)	1:20 (1:16:40)	0:31 (1:17:11)				
9. Jacques LE ROUX		CRCO	1:17:38	+29:47	5:59		
5:35 (5:35)	2:42 (8:17)	5:50 (14:07)	15:08 (29:15)	2:39 (31:54)	4:16 (36:10)		
5:46 (41:56)	9:05 (51:01)	4:39 (53:06)	4:39 (57:45)	8:20 (1:06:05)	2:39 (1:08:44)		
3:58 (1:12:42)	2:43 (1:15:25)	1:28 (1:16:53)	0:45 (1:17:38)				

10. Maël GEFFROY	5:19 (5:19) 4:35 (42:08) 1:55 (1:16:49)	4:16 (9:35) 8:38 (50:46) 2:02 (1:18:51)	PASS_C 4:52 (14:27) 4:14 (55:00) 0:42 (1:19:33)	1:19:56 +32:05 11:00 (25:27) 6:03 (1:01:03) 0:23 (1:19:56)	19:28 4:42 (30:09) 12:27 (1:13:30)	7:24 (37:33) 1:24 (1:14:54)
11. Pascale DIVANACH	4:46 (4:46) 5:10 (43:15) 3:11 (1:16:48)	3:37 (8:23) 8:11 (51:26) 2:12 (1:19:00)	SAINT-BRIEUC OR 5:04 (13:27) 3:36 (55:02) 1:23 (1:20:23)	1:20:59 +33:08 15:18 (28:45) 5:02 (1:00:04) 0:36 (1:20:59)	6:39 4:33 (33:18) 11:30 (1:11:34)	4:47 (38:05) 2:03 (1:13:37)
12. Joël LE COZ	3:43 (3:43) 5:48 (40:20) 3:00 (1:16:19)	2:47 (6:30) 8:48 (49:08) 2:34 (1:18:53)	Quimper 29 4:39 (11:09) 7:45 (56:53) 1:34 (1:20:27)	1:21:05 +33:14 17:03 (28:12) 5:02 (1:01:55) 0:38 (1:21:05)	6:13 2:30 (30:42) 8:55 (1:10:50)	3:50 (34:32) 2:29 (1:13:19)
13. Gaëlle LE NAOUR	3:51 (3:51) 6:14 (48:26) 4:12 (1:21:16)	4:36 (8:27) 10:23 (58:49) 2:29 (1:23:45)	Quimper 29 6:08 (14:35) 2:26 (1:01:15) 1:46 (1:25:31)	1:26:10 +38:19 16:28 (31:03) 4:25 (1:05:40) 0:39 (1:26:10)	11:12 7:00 (38:03) 8:55 (1:14:35)	4:09 (42:12) 2:29 (1:17:04)
14. Marlène LE GUEN	6:12 (6:12) 6:04 (47:41) 4:14 (1:22:47)	3:46 (9:58) 9:34 (57:15) 2:25 (1:25:12)	Quimper 29 5:49 (15:47) 3:42 (1:00:57) 1:26 (1:26:38)	1:27:13 +39:22 19:45 (35:32) 5:23 (1:06:20) 0:35 (1:27:13)	5:18 2:40 (38:12) 9:25 (1:15:45)	3:25 (41:37) 2:48 (1:18:33)
15. Silvie KRATOCHVIL	4:11 (4:11) 8:02 (46:15) 6:43 (1:27:30)	2:58 (7:09) 9:11 (55:26) 2:11 (1:29:41)	PASS_C 4:29 (11:38) 2:37 (58:03) 2:28 (1:32:09)	1:32:55 +45:04 18:08 (29:46) 5:28 (1:03:31) 0:46 (1:32:55)	12:31 3:42 (33:28) 14:14 (1:17:45)	4:45 (38:13) 3:02 (1:20:47)
16. Morgane BERTHOLOM	5:05 (5:05) 6:25 (54:08) 3:43 (1:33:06)	4:29 (9:34) 9:16 (1:03:24) 3:19 (1:36:25)	Quimper 29 6:04 (15:38) 4:46 (1:08:10) 1:57 (1:38:22)	1:39:10 +51:19 24:17 (39:55) 7:04 (1:15:14) 0:48 (1:39:10)	7:20 3:07 (43:02) 11:58 (1:27:12)	4:41 (47:43) 2:11 (1:29:23)
17. Bernard BONNOT	4:06 (4:06) 8:01 (53:18) 7:18 (1:38:36)	3:40 (7:46) 12:00 (1:05:18) 2:52 (1:41:28)	Dinan CO 4:42 (12:28) 2:50 (1:08:08) 1:40 (1:43:08)	1:44:20 +56:29 22:13 (34:41) 5:24 (1:13:32) 1:12 (1:44:20)	13:51 7:01 (41:42) 15:09 (1:28:41)	3:35 (45:17) 2:37 (1:31:18)
18. Jean-Claude JEQUEL	24:37 (24:37) 7:54 (1:06:25) 5:00 (1:45:04)	2:15 (26:52) 8:43 (1:15:08) 2:42 (1:47:46)	NAO 6:11 (33:03) 7:10 (1:22:18) 1:34 (1:49:20)	1:49:55 +1:02:04 16:29 (49:32) 4:54 (1:27:12) 0:35 (1:49:55)	30:52 3:23 (52:55) 10:17 (1:37:29)	5:36 (58:31) 2:35 (1:40:04)
Stéphanie KRIPPEL	3:01 (3:01) 4:05 (51:01) 3:33 (1:23:59)	2:59 (6:00) 6:50 (57:51) 2:20 (1:26:19)	CRCO 7:57 (13:57) 4:11 (1:02:02) 1:37 (1:27:56)	PM 12:44 (26:41) 4:27 (1:06:29) 0:44 (1:28:40)	2:20 (29:01) -	17:55 (46:56) -
Marie THIAUX	8:52 (8:52) 12:27 (1:38:06) -	8:05 (16:57) 36:39 (2:14:45) -	PASS_C 7:20 (24:17) 5:47 (2:20:32) -	Aband. 28:55 (53:12) 6:12 (2:26:44) -	18:27 (1:11:39) -	14:00 (1:25:39) -

violet long

			(14 / 14)	Temps	Après	Temps perdu
1. Noé PECOURT	1:37 (1:37) 1:37 (21:04) 2:50 (44:04) 2:41 (1:03:02)	0:48 (2:25) 2:48 (23:52) 2:57 (47:01) 4:01 (1:07:03)	Quimper 29 11:29 (13:54) 1:13 (25:05) 2:04 (49:05) 1:59 (1:09:02)	1:10:03 0:52 (14:46) 3:58 (29:03) 1:55 (51:00) 0:38 (1:09:40)		1:10 3:32 (18:18) 8:34 (37:37) 4:53 (55:53) 0:23 (1:10:03)
2. Martin MOTTET	1:44 (1:44) 1:33 (21:51) 3:06 (44:16) 2:47 (1:03:14)	1:26 (3:10) 2:38 (24:29) 3:01 (47:17) 3:59 (1:07:13)	CRCO 11:40 (14:50) 1:20 (25:49) 2:01 (49:18) 2:22 (1:09:35)	1:10:35 +0:32 0:48 (15:38) 3:52 (29:41) 2:11 (51:29) 0:38 (1:10:13)		0:00 3:27 (19:05) 7:54 (37:35) 5:18 (56:47) 0:22 (1:10:35)
3. Aurelien SOSSON	1:43 (1:43) 2:23 (25:03) 2:44 (52:07) 3:21 (1:10:47)	1:10 (2:53) 3:28 (28:31) 2:57 (55:04) 4:17 (1:15:04)	Quimper 29 13:44 (16:37) 1:23 (29:54) 2:11 (57:15) 1:55 (1:16:59)	1:18:00 +7:57 0:53 (17:30) 3:50 (33:44) 2:00 (59:15) 0:39 (1:17:38)		3:22 3:58 (21:28) 11:16 (45:00) 5:19 (1:04:34) 0:22 (1:18:00)
4. Julien SALLIOT	2:30 (2:30) 1:53 (27:39) 6:55 (1:10:47) 3:29 (1:35:04)	1:06 (3:36) 3:48 (31:27) 5:35 (1:16:22) 10:46 (1:45:50)	CRCO 15:33 (19:09) 1:33 (33:00) 2:44 (1:19:06) 2:38 (1:48:28)	1:49:52 +39:49 1:01 (20:10) 3:47 (36:47) 2:38 (1:21:44) 0:55 (1:49:23)		22:42 4:13 (24:23) 22:35 (59:22) 6:29 (1:28:13) 0:29 (1:49:52)
5. Denis GRAFFIN	2:47 (2:47) 1:54 (29:42) 8:15 (1:05:48) 9:49 (1:37:43)	1:34 (4:21) 3:58 (33:40) 4:15 (1:10:03) 7:59 (1:45:42)	Quimper 29 16:20 (20:41) 1:26 (35:06) 2:40 (1:12:43) 3:07 (1:48:49)	1:50:19 +40:16 1:11 (21:52) 3:44 (38:50) 2:52 (1:15:35) 1:03 (1:49:52)		15:21 4:08 (26:00) 13:17 (52:07) 8:09 (1:23:44) 0:27 (1:50:19)
6. Stéphane VOLANT	5:06 (5:06) 2:38 (39:12) 4:50 (1:11:40) 11:23 (1:48:30)	1:27 (6:33) 3:27 (42:39) 5:18 (1:16:58) 6:58 (1:55:28)	Quimper 29 17:39 (24:12) 1:40 (44:19) 3:40 (1:20:38) 2:52 (1:58:20)	1:59:44 +49:41 1:06 (25:18) 7:09 (51:28) 3:00 (1:23:38) 1:00 (1:59:20)		19:07 9:19 (34:37) 8:52 (1:00:20) 8:30 (1:32:08) 0:24 (1:59:44)
7. David CAILLON	3:18 (3:18) 2:56 (39:05) 5:09 (1:19:13) 4:07 (1:47:56)	2:00 (5:18) 7:52 (46:57) 4:30 (1:23:43) 5:38 (1:53:34)	CRCO 19:41 (24:59) 1:37 (48:34) 3:17 (1:27:00) 6:49 (2:00:23)	2:01:58 +51:55 0:55 (25:54) 8:21 (56:55) 4:38 (1:31:38) 1:07 (2:01:30)		17:25 4:08 (30:02) 11:08 (1:08:03) 8:09 (1:39:47) 0:28 (2:01:58)

8. Stéphane PERRAULT		CRCO	2:02:58 +52:55	10:32	
4:36 (4:36)	2:16 (6:52)	17:53 (24:45)	2:02 (26:47)	5:37 (32:24)	3:28 (35:52)
3:38 (39:30)	5:52 (45:22)	2:21 (47:43)	5:10 (52:53)	12:57 (1:05:50)	6:05 (1:11:55)
4:45 (1:16:40)	5:46 (1:22:26)	2:45 (1:25:11)	3:38 (1:28:49)	8:57 (1:37:46)	5:01 (1:42:47)
4:24 (1:47:11)	8:40 (1:55:51)	5:15 (2:01:06)	1:18 (2:02:24)	0:34 (2:02:58)	
9. Julien JOUARIE		PASS_C	2:03:45 +53:42	20:44	
7:07 (7:07)	0:59 (8:06)	16:59 (25:05)	1:36 (26:41)	4:38 (31:19)	9:09 (40:28)
2:36 (43:04)	3:47 (46:51)	2:21 (49:12)	4:37 (53:49)	13:24 (1:07:13)	6:27 (1:13:40)
5:03 (1:18:43)	4:45 (1:23:28)	4:39 (1:28:07)	3:19 (1:31:26)	12:05 (1:43:31)	5:20 (1:48:51)
3:34 (1:52:25)	7:00 (1:59:25)	2:52 (2:02:17)	0:59 (2:03:16)	0:29 (2:03:45)	
10. Mehdi LANNABI		Quimper 29	2:05:42 +55:39	21:12	
4:05 (4:05)	1:31 (5:36)	19:51 (25:27)	1:41 (27:08)	5:01 (32:09)	2:06 (34:15)
8:55 (43:10)	5:43 (48:53)	2:08 (51:01)	4:42 (55:43)	10:15 (1:05:58)	6:21 (1:12:19)
7:19 (1:19:38)	5:03 (1:24:41)	2:59 (1:27:40)	2:57 (1:30:37)	9:18 (1:39:55)	4:36 (1:44:31)
3:38 (1:48:09)	12:17 (2:00:26)	3:53 (2:04:19)	0:59 (2:05:18)	0:24 (2:05:42)	
11. Héléna POLASKOVA-MENARD		NAO	2:07:37 +57:34	11:46	
2:40 (2:40)	1:22 (4:02)	19:42 (23:44)	1:19 (25:03)	5:33 (30:36)	3:42 (34:18)
3:18 (37:36)	6:26 (44:02)	1:54 (45:56)	4:53 (50:49)	14:07 (1:04:56)	6:46 (1:11:42)
6:18 (1:18:00)	5:10 (1:23:10)	3:47 (1:26:57)	6:59 (1:33:56)	8:58 (1:42:54)	8:42 (1:51:36)
3:59 (1:55:35)	6:39 (2:02:14)	3:36 (2:05:50)	1:12 (2:07:02)	0:35 (2:07:37)	
12. Fabien OLLIVIER-HENRY		CRCO	2:14:25 +1:04:22	26:12	
12:03 (12:03)	2:10 (14:13)	17:48 (32:01)	1:08 (33:09)	11:11 (44:20)	1:36 (45:56)
2:22 (48:18)	5:35 (53:53)	2:03 (55:56)	9:51 (1:05:47)	13:20 (1:19:07)	5:54 (1:25:01)
7:30 (1:32:31)	5:52 (1:38:23)	2:58 (1:41:21)	3:13 (1:44:34)	10:24 (1:54:58)	4:34 (1:59:32)
4:06 (2:03:38)	5:49 (2:09:27)	3:23 (2:12:50)	1:08 (2:13:58)	0:27 (2:14:25)	
13. Guillaume PLOUZENNEC		Quimper 29	2:24:52 +1:14:49	39:04	
2:34 (2:34)	1:18 (3:52)	21:30 (25:22)	1:16 (26:38)	8:55 (35:33)	1:41 (37:14)
3:29 (40:43)	5:25 (46:08)	1:58 (48:06)	4:32 (52:38)	10:10 (1:02:48)	5:15 (1:08:03)
34:14 (1:42:17)	7:54 (1:50:11)	3:12 (1:53:23)	4:09 (1:57:32)	8:37 (2:06:09)	4:03 (2:10:12)
3:49 (2:14:01)	6:23 (2:20:24)	2:54 (2:23:18)	0:59 (2:24:17)	0:35 (2:24:52)	
14. Byron HAWKINS		CRCO	2:45:39 +1:35:36	34:20	
4:20 (4:20)	1:48 (6:08)	24:40 (30:48)	3:20 (34:08)	10:15 (44:23)	2:34 (46:57)
6:27 (53:24)	6:39 (1:00:03)	2:46 (1:02:49)	5:41 (1:08:30)	13:19 (1:21:49)	7:28 (1:29:17)
25:31 (1:54:48)	9:55 (2:04:43)	3:11 (2:07:54)	3:52 (2:11:46)	8:42 (2:20:28)	5:11 (2:25:39)
4:47 (2:30:26)	8:21 (2:38:47)	4:25 (2:43:12)	1:43 (2:44:55)	0:44 (2:45:39)	

violet moyen

		(25 / 25)	Temps	Après	Temps perdu
1. Mattéo PECOURT		Quimper 29	50:10		0:32
3:21 (3:21)	2:19 (5:40)	8:15 (13:55)	2:46 (16:41)		1:24 (21:47)
2:20 (24:07)	1:34 (25:41)	3:35 (29:16)	6:06 (35:22)		3:36 (40:06)
2:23 (42:29)	2:00 (44:29)	2:22 (46:51)	2:12 (49:03)		0:21 (50:10)
2. Guillaume PERRAULT		Quimper 29	1:01:55 +11:45		3:24
4:17 (4:17)	3:00 (7:17)	8:47 (16:04)	3:14 (19:18)		4:01 (23:19)
3:12 (28:04)	1:40 (29:44)	3:50 (33:34)	7:29 (41:03)		4:40 (45:43)
2:43 (52:49)	2:05 (54:54)	3:05 (57:59)	2:36 (1:00:35)		0:48 (1:01:23)
3. Sébastien PECOURT		Quimper 29	1:03:13 +13:03		5:05
3:28 (3:28)	2:30 (5:58)	9:33 (15:31)	3:17 (18:48)		3:39 (22:27)
2:29 (26:29)	1:59 (28:28)	4:51 (33:19)	8:07 (41:26)		4:47 (46:13)
2:47 (53:17)	2:19 (55:36)	3:19 (58:55)	2:48 (1:01:43)		1:04 (1:02:47)
4. Thierry PORRET		CRCO	1:03:25 +13:15		3:11
4:03 (4:03)	2:33 (6:36)	9:50 (16:26)	4:04 (20:30)		3:32 (24:02)
2:57 (28:28)	1:58 (30:26)	3:59 (34:25)	8:27 (42:52)		1:27 (44:19)
3:54 (53:05)	2:11 (55:16)	4:05 (59:21)	2:47 (1:02:08)		0:48 (1:02:56)
5. Pauline ENDRESS		CRCO	1:11:00 +20:50		3:15
4:34 (4:34)	3:40 (8:14)	12:26 (20:40)	3:28 (24:08)		4:08 (28:16)
4:03 (34:10)	1:55 (36:05)	4:34 (40:39)	8:00 (48:39)		1:17 (49:56)
3:28 (58:33)	2:51 (1:01:24)	3:50 (1:05:14)	4:17 (1:09:31)		1:01 (1:10:32)
6. Bertrand LECONTELLEC		Quimper 29	1:11:20 +21:10		3:56
4:02 (4:02)	2:41 (6:43)	11:02 (17:45)	5:52 (23:37)		5:06 (28:43)
3:16 (33:43)	1:52 (35:35)	4:57 (40:32)	9:14 (49:46)		1:30 (51:16)
3:44 (59:54)	2:42 (1:02:36)	4:15 (1:06:51)	3:01 (1:09:52)		0:55 (1:10:47)
7. Laurent VALOIS		CRCO	1:11:37 +21:27		4:49
4:03 (4:03)	3:43 (7:46)	10:31 (18:17)	3:36 (21:53)		5:22 (27:15)
4:09 (33:17)	2:21 (35:38)	5:21 (40:59)	7:48 (48:47)		1:20 (50:07)
3:34 (59:12)	3:33 (1:02:45)	3:57 (1:06:42)	3:15 (1:09:57)		1:11 (1:11:08)
8. Corentin BLOT		PASS_C	1:11:38 +21:28		8:10
5:01 (5:01)	4:48 (9:49)	10:28 (20:17)	3:13 (23:30)		3:52 (27:22)
4:05 (33:14)	2:11 (35:25)	4:54 (40:19)	7:39 (47:58)		2:11 (50:09)
2:53 (59:32)	2:05 (1:01:37)	6:07 (1:07:44)	2:34 (1:10:18)		0:50 (1:11:08)
9. Emmanuel RIVIERE		PASS_C	1:11:39 +21:29		6:46
5:44 (5:44)	2:50 (8:34)	13:53 (22:27)	3:21 (25:48)		3:54 (29:42)
3:45 (35:14)	1:38 (36:52)	4:01 (40:53)	7:35 (48:28)		1:21 (49:49)
3:15 (58:38)	2:24 (1:01:02)	6:03 (1:07:05)	3:06 (1:10:11)		0:58 (1:11:09)
10. Eric RAVENET		SAINT-BRIEUC OR	1:12:55 +22:45		5:38
7:06 (7:06)	2:40 (9:46)	12:24 (22:10)	4:28 (26:38)		4:27 (31:05)
3:53 (36:45)	2:06 (38:51)	4:17 (43:08)	8:26 (51:34)		1:08 (52:42)
4:03 (1:01:41)	2:31 (1:04:12)	3:31 (1:07:43)	3:09 (1:10:52)		1:35 (1:12:27)
11. Jean-René NEDELEC		Quimper 29	1:14:05 +23:55		9:06
4:24 (4:24)	2:53 (7:17)	10:59 (18:16)	3:07 (21:23)		3:46 (25:09)
3:40 (30:18)	1:53 (32:11)	5:10 (37:21)	14:36 (51:57)		1:19 (53:16)
3:46 (1:04:25)	2:06 (1:06:31)	3:45 (1:10:16)	2:37 (1:12:53)		0:46 (1:13:39)

12. Patrice LE GARFF		CO Lorient	1:15:19 +25:09	13:48	
4:53 (4:53)	3:56 (8:49)	11:22 (20:11)	3:04 (23:15)	3:37 (26:52)	1:34 (28:26)
3:37 (32:03)	1:39 (33:42)	3:57 (37:39)	7:14 (44:53)	1:20 (46:13)	4:35 (50:48)
14:14 (1:05:02)	2:14 (1:07:16)	3:21 (1:10:37)	3:20 (1:13:57)	0:54 (1:14:51)	0:28 (1:15:19)
13. Aude STIRNEMANN-RELOT		Quimper 29	1:15:56 +25:46	7:43	
5:21 (5:21)	3:08 (8:29)	11:01 (19:30)	3:31 (23:01)	4:21 (27:22)	1:46 (29:08)
4:34 (33:42)	4:12 (37:54)	4:40 (42:34)	8:00 (50:34)	1:47 (52:21)	5:35 (57:56)
5:12 (1:03:08)	2:52 (1:06:00)	5:42 (1:11:42)	2:42 (1:14:24)	1:02 (1:15:26)	0:30 (1:15:56)
14. David THERIOT		NAO	1:18:48 +28:38	4:09	
5:06 (5:06)	3:57 (9:03)	11:37 (20:40)	3:44 (24:24)	4:08 (28:32)	2:02 (30:34)
4:06 (34:40)	2:35 (37:15)	5:44 (42:59)	9:06 (52:05)	2:06 (54:11)	4:57 (59:08)
3:45 (1:02:53)	2:47 (1:05:40)	7:29 (1:13:09)	3:59 (1:17:08)	1:11 (1:18:19)	0:29 (1:18:48)
15. Regis BAILLET		Quimper 29	1:19:36 +29:26	0:00	
4:25 (4:25)	3:44 (8:09)	13:01 (21:10)	3:43 (24:53)	4:54 (29:47)	2:01 (31:48)
4:24 (36:12)	2:22 (38:34)	5:41 (44:15)	9:24 (53:39)	2:00 (55:39)	6:11 (1:01:50)
3:54 (1:05:44)	3:09 (1:08:53)	4:47 (1:13:40)	3:38 (1:17:18)	1:42 (1:19:00)	0:36 (1:19:36)
16. Arnaud CAILLIBOT		CO Lorient	1:21:59 +31:49	8:28	
4:44 (4:44)	3:21 (8:05)	17:39 (25:44)	3:36 (29:20)	5:12 (34:32)	1:49 (36:21)
6:46 (43:07)	2:13 (45:20)	4:45 (50:05)	8:59 (59:04)	1:40 (1:00:44)	5:48 (1:06:32)
3:23 (1:09:55)	2:55 (1:12:50)	4:44 (1:12:34)	2:50 (1:20:24)	1:07 (1:21:31)	0:28 (1:21:59)
17. Thierry SPIRAL		VSO	1:25:34 +35:24	11:48	
5:55 (5:55)	3:19 (9:14)	12:29 (21:43)	3:33 (25:16)	4:34 (29:50)	1:47 (31:37)
5:08 (36:45)	2:09 (38:54)	5:53 (44:47)	8:50 (53:37)	1:52 (55:29)	6:07 (1:01:36)
11:17 (1:12:53)	2:29 (1:15:22)	3:50 (1:19:12)	4:38 (1:23:50)	1:10 (1:25:00)	0:34 (1:25:34)
18. Cyril BERTHOLOM		Quimper 29	1:30:04 +39:54	8:54	
7:15 (7:15)	3:11 (10:26)	13:28 (23:54)	4:14 (28:08)	5:16 (33:24)	2:01 (35:25)
5:10 (40:35)	2:11 (42:46)	6:05 (48:51)	9:52 (58:43)	7:47 (1:06:30)	5:45 (1:12:15)
4:08 (1:16:23)	3:18 (1:19:41)	4:48 (1:24:29)	3:46 (1:28:15)	1:17 (1:29:32)	0:32 (1:30:04)
19. Elisabeth PITON		Quimper 29	1:34:00 +43:50	12:00	
5:18 (5:18)	4:12 (9:30)	17:25 (26:55)	4:11 (31:06)	4:56 (36:02)	1:59 (38:01)
4:35 (42:36)	2:32 (45:08)	8:10 (53:18)	8:55 (1:02:13)	4:11 (1:06:24)	8:34 (1:14:58)
3:55 (1:18:53)	3:08 (1:22:01)	6:27 (1:28:28)	3:44 (1:32:12)	1:17 (1:33:29)	0:31 (1:34:00)
20. Julien LE TOCQUEC		Quimper 29	1:34:54 +44:44	7:25	
4:55 (4:55)	5:24 (10:19)	14:14 (24:33)	4:32 (29:05)	5:47 (34:52)	2:00 (36:52)
5:27 (42:19)	2:31 (44:50)	7:06 (51:56)	11:06 (1:03:02)	2:42 (1:05:44)	7:30 (1:13:14)
6:24 (1:19:38)	3:01 (1:22:39)	6:22 (1:29:01)	4:32 (1:33:33)	0:55 (1:34:28)	0:26 (1:34:54)
21. Gilles BRANGER		Quimper 29	1:38:53 +48:43	10:23	
7:42 (7:42)	5:47 (13:29)	13:42 (27:11)	4:11 (31:22)	5:39 (37:01)	2:06 (39:07)
6:33 (45:40)	2:44 (48:24)	5:55 (54:19)	10:43 (1:05:02)	3:12 (1:08:14)	7:02 (1:15:16)
4:16 (1:19:32)	3:59 (1:23:31)	8:28 (1:31:59)	4:39 (1:36:38)	1:37 (1:38:15)	0:38 (1:38:53)
22. Sophie VOLANT		Quimper 29	1:41:57 +51:47	11:04	
5:35 (5:35)	4:24 (9:59)	14:31 (24:30)	5:08 (29:38)	5:37 (35:15)	3:00 (38:15)
7:14 (45:29)	2:57 (48:26)	7:27 (55:53)	10:30 (1:06:23)	2:19 (1:08:42)	6:49 (1:15:31)
4:30 (1:20:01)	3:27 (1:23:28)	11:11 (1:34:39)	5:21 (1:40:00)	1:25 (1:41:25)	0:32 (1:41:57)
23. Gilles TOULLELAN		PASS_C	1:56:29 +1:06:19	16:17	
5:59 (5:59)	6:00 (11:59)	14:04 (26:03)	8:20 (34:23)	8:23 (42:46)	2:34 (45:20)
4:15 (49:35)	2:34 (52:09)	9:40 (1:01:49)	16:59 (1:18:48)	3:33 (1:22:21)	8:15 (1:30:36)
5:24 (1:36:00)	4:10 (1:40:10)	7:44 (1:47:54)	5:35 (1:53:29)	1:56 (1:55:25)	1:04 (1:56:29)
Nicolas PANTZER		CO Lorient	PM		
5:05 (5:05)	4:57 (10:02)	11:33 (21:35)	4:28 (26:03)	4:48 (30:51)	1:36 (32:27)
4:16 (36:43)	1:57 (38:40)	5:22 (44:02)	9:32 (53:34)	3:23 (56:57)	14:45 (1:11:42)
- (-)	- (1:28:56)	4:53 (1:33:49)	3:54 (1:37:43)	1:18 (1:39:01)	0:33 (1:39:34)
Virginie MARTIN		Quimper 29	PM		
5:19 (5:19)	4:12 (9:31)	19:35 (29:06)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (32:18)	2:16 (34:34)	6:57 (41:31)
- (-)	- (45:41)	5:47 (51:28)	4:09 (55:37)	1:14 (56:51)	0:38 (57:29)